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From :
ChanRe Rheumatology & Immunology Center & Research
(A unit of ChanRe Darsha Healthcare Private Limited)
 # 149, 15th Main Road, NHCL Water Tank Road, 4th Block, 3rd Stage,
 Basavewaranagar, Bengaluru-560 079.
 Phone : 080 - 42516699 Fax : 080 - 42516600



ChanRe Update 2010

On Sunday, 12th Dec. 2010 @ API Bhavan,
 Millers Tank Bed Area, Vasanthnagar, Bengaluru



Organised By :

ChanRe Rheumatology & Immunology Center & Research (CRICR)
 ChanRe Diagnostic Laboratory (CDL)
 Immunology & Arthritis Research & Education Trust (IARET)
 Nagarathna Srikantiah Paramedical College (NSPC)

Organising Secretary

Dr. Chandrashekhara.S
 Dr. Dharmanand.B.G

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 www.chanrerirc.com

About us :

ChanRe Rheumatology & Immunology Center & Research (CRICR) is a unique one of its kind Hospital in India dedicated for management of patients suffering from Rheumatologic diseases (musculoskeletal) and other Immunological diseases.

It provides under one roof a complete care to the patients suffering from Arthritis and other Immunological Diseases such as immune deficiency disorders, allergic disorders and immuno-hematological disorders. This center is a tertiary reference facility.

Apart from therapeutic care it has also developed into a state of the art center for Laboratory services in all the branches of Laboratory Medicine, especially for Immunological Investigations. The institute has a blend of academics and research which adds both value as well the advantage in patients care.

For Details Contact :

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ChanRe Diagnostic Laboratory (CDL) is one of the most Trusted and reputed laboratory in Bengaluru and provides results of uncompromising quality in a transparent and customer-centric manner.

Its commitment to quality coupled with personalized human care, over a span of 4 years, has instilled trust amongst patients, doctors, and leading health care institutions across Bengaluru. It is attuned to the latest trends and technologies, and **uses state of the art instruments** to deliver patient to test results in a reliable, timely and cost effective way.

The **stringent quality control and processes**, backed by technical expertise, ensures highest levels of accuracy of the tests conducted by the CDL Lab. We at ChanRe realize the criticality of pathology testing to medical diagnosis and treatment. CDL is committed to bring quality testing, though innovation and continued improvisation, across all walks of life. It has a wide range of diagnostic tests comprehending every conceivable diseases including infection, autoimmune, metabolic, neoplastic and life style disorders crossing all specialities of medicine, at par with the best in the medical industry. It primarily focuses on diagnosis of autoimmune diseases, special assays and molecular diagnostics including flow cytometry, real time PCR based assays.

For Details Contact :

ChanRe Diagnostic Laboratory
 (NABL Accredited)
 Phone : 080 - 40810611 Fax : 080 - 41490622
 Email : info@chanrediagnostics.com
 Website : www.chanrediagnostics.com

PROGRAMME SCHEDULE

Session I : 9:30 a.m. to 11-00 a.m.

Treating Rheumatoid Arthritis– Missed Opportunities, how to catch up with ?

Dr. Dharmanand, MD, DM.
Consultant Rheumatologist & Director, CRICR, Bangalore.

RA is best treated as early as possible. Early treatment offers the best chance for good control or even remission. Frequently, the patients for various reasons may not be able to reach the specialists or the main stream treatments early enough. What are the strategies one can adopt to manage these patients, to catch-up for the lost opportunity and to arrive at a better treatment plan?

Treatment of SLE a Protocol Based Approach?

Dr. Jyotsna Oak
Consultant, Rheumatology & Medicine,
Kokilaben Dhirubhai Ambani Hospital, Mumbai
Formerly, Professor & In-Charge Rheumatology, Sion Hospital, Mumbai

Systemic Lupus Erythematosus is a complex disease and needs an accurate and a measured treatment strategy. The treatment may range from a simple Hydroxychloroquine to a more aggressive immune suppression. The skillful use of these drugs in a protocol specific manner will be discussed.

What are we Measuring and Monitoring when Patients are on Immunomodulators & DMARDs for Various Rheumatic Diseases?

Dr. Renuka. P. DCP DNB,
Pathologist and Director, ChanRe Diagnostic Laboratory, Bangalore

The patients put on anti-rheumatic drugs or other immunomodulator drugs often require continued monitoring for both the progression of the disease and for the adverse events of the drugs used. This lecture attempts to highlight the recommendations and other considerations in managing patients who are on these drugs.

Tea Break : 11.00 a.m. - 11.30 a.m.

Inauguration : 11:30 a.m. - 12.00 Noon

Session 2 : 12.00 Noon to 1.30 p.m.

Managing Patients with Autoimmune Diseases and those on Immunomodulators at Primary Care

Dr. Chandrashekara .S
Medical Director and Consultant, ChanRe RICR, Bangalore

The patients, who are on immunomodulators and patients with autoimmune diseases have altered immune response. In addition, the drugs used have

borderline safety profile and the drug interactions with the other commonly used drugs also need to be considered. The clinical manifestations of many diseases are often altered while on immunomodulators and need careful consideration.

Management of Vasculitits : Useful tips for Clinical Practice

Gp Capt Dr. Shankar .S
Associate Professor (Internal Medicine), Rheumatologist & Clinical Immunologist ,Department of Internal Medicine, Armed Forces Medical College Pune, Editor-in-Chief Indian Journal of Rheumatology

Vasculitis are relatively uncommon disorders with benign to life threatening manifestations. Prompt recognition and referral or management is essential. This lecture outlines the guidelines in recognizing and managing these disorders

Management of Allergy is not only Symptomatic but, a lot more can be offered.

Dr. Mahesh PA
Associate Professor, Department of Pulmonary Medicine,
JSS Medical College, Mysore

Allergy is more frequently managed symptomatically. But when it is persistent, it needs to be managed differently, which include immune therapy and other immunomodulators. This lecture briefs you on these issues.

Lunch : 1-30 p.m. to 2-30 p.m.

Post lunch Session : 2-30 p.m. to 4.00 p.m

Workshop on Clinical case diagnosis, in Rheumatology

This session is introduced based on suggestions from delegates of previous update. A brief history of interesting cases seen in our hospital will be sent to all the registered delegates. These cases will be discussed by various experts with active participation from delegates in resolving the difficult situations. The discussion will include the most practical approach and necessary skills in clinical diagnosis. The panelists are senior rheumatologists who will share their immense experience for a refined approach to these cases.

Workshop on interpretation of Immunodiagnostic reports

Immuno-diagnostic tests can be confusing. Sometimes the diagnostic report does not match with clinical setting or the interpretation needs technical understanding.

The clinical details and laboratory report of a few cases will be sent to the registered delegates. Both technical and clinical aspects of the tests and their influence in practical interpretation is the main focus of this workshop.

REGISTRATION FORM

Name _____

Address for Correspondence : _____

Pin : _____

Phone : _____

Fax : _____

E-mail : _____

Registration Fee : Rs. 150/-

Spot Registration Fee : Rs. 200/-

Post Graduates : Rs. 100/-

Pay by **DD/Cheques** (Only local cheques are accepted), drawn in favour of "**ChanRe Update**" payable at Bengaluru.

Mail your form to :

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